

# MEASURE RIGHT – FOR A GOOD FIT

Carefully follow our measuring tips below to make sure you get the right size. Snickers Workwear keeps all standard sizes in stock for speedy deliveries (see specific garment for the standard size range). We also offer special sizes – delivery may take a little longer, but it’s well worth it. Outside sizes are available to order with 50% extra surcharge.

THE BEST WAY TO ENSURE YOU GET OPTIMALLY FITTING GARMENTS IS TO TRY THEM ON FOR REAL!

### IMPORTANT MEASUREMENT TIPS

- 1. Get help from someone to take your measurements.
- 2. Take measurements dressed in body-tight underwear.
- 3. Measure tight against/around your body, but without the measuring tape being pulled so hard that it “cuts” in.
- 4. When measuring the inside leg, make sure the measuring tape is firmly extended.

### A. Body length

Top of the head to the sole of the foot

### B. Chest

Chest width, horizontally at the widest point.

### C. Waist

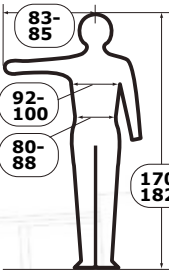
Waist width, horizontally at navel height.  
Important measurement for one piece trousers and overalls.

### D. Seat

Seat width, horizontally at the widest point.

### E. Inside leg

Crotch to the sole of the foot. Extremely important measurement to ensure the kneepads end up in the right position.



SIZE M  
MEN

Every CE-marked garment has to have a label with a pictogram that shows the size and the body measurements of the person that the garment is intended for. This means that you always can check inside the garment to see the size.



# GETTING THE RIGHT SIZE

1. Choose the right size chart below:  
**3XXX** for 3-series trousers  
**6XXX** for 6-series trousers
2. Look for your body measurements in the chart and choose the corresponding size.
3. To ensure an optimal fit – try them on for real!

## ALL MEASUREMENTS ARE BODY MEASUREMENTS

### 3XXX MEN'S TROUSERS (Product numbers 3XXX)

C	YOUR WAIST		CM	76	80	84	88	92	96	100	104	112	120	128	136	144	152
			INCH*	(28")	(30")	(31")	(33")	(35")	(36")	(38")	(39")	(41")	(44")	(47")	(50")	(54")	(57")
D	YOUR SEAT		CM	92	96	100	104	108	112	116	120	128	136	144	152	160	168
			INCH	(35")	(36")	(38")	(39")	(41")	(43")	(44")	(46")	(47")	(50")	(54")	(57")	(60")	(63")
E	YOUR INSIDE LEG	CM	INCH*	YOUR SIZE													
	Extra Short	70	(28")	180	184	188	192	196	200	204	208	212	216	220	224	228	232
	Short	76	(30")	80	84	88	92	96	100	104	108	112	116	120	124	128	132
	Regular	82	(32")	42	44	46	48	50	52	54	56	58	60	62	64	66	68
	Long	88	(35")	142	144	146	148	150	152	154	156	158	160	162	164	166	168
	Extra Long	94	(37")	242	244	246	248	250	252	254	256	258	260	262	264	266	268

Please note! SHORTS are available in Regular length. PIRATES are available in Short and Regular lengths.  
(\* Closest corresponding jeans size)

### 6XXX MEN'S TROUSERS (Product numbers 6XXX)

C	YOUR WAIST		CM	76	80	84	88	92	96	100	104	112	120	128	136	144	152	
			INCH	(30")	(31")	(33")	(35")	(36")	(38")	(39")	(41")	(44")	(47")	(50")	(54")	(57")	(60")	
D	YOUR SEAT		CM	92	96	100	104	108	112	116	120	128	136	144	152	160	168	
			INCH	(36")	(38")	(39")	(41")	(43")	(44")	(46")	(47")	(50")	(54")	(57")	(60")	(63")	(66")	
E	YOUR INSIDE LEG	CM	INCH	YOUR SIZE														
		Extra Short	70	(28")	188	192	196	200	204	208	212	216	220	224	228	232	536	540
		Short	76	(30")	88	92	96	100	104	108	112	116	120	124	128	132	636	640
		Regular	82	(32")	44	46	48	50	52	54	56	58	60	62	64	66	68	70
		Long	88	(35")	144	146	148	150	152	154	156	158	160	162	164	166	168	170
		Extra Long	94	(37")	244	246	248	250	252	254	256	258	260	262	264	266	268	270

Please note! SHORTS are available in Regular length.

☐ Sizes within the blue frame are Standard Stock Items.

### MEN'S ONE-PIECE TROUSERS

**IMPORTANT:** It is important that you take into consideration your full waist measurement (C) when choosing the size of one-piece trousers. You may need a bigger size in one-piece trousers compared to on-the-waist trousers to make sure there is enough space for your stomach.

C	YOUR WAIST		CM	72	76	80	84	88	92	96	100	104	112	120	128	136	144
			INCH	(28")	(30")	(31")	(33")	(35")	(36")	(38")	(39")	(41")	(44")	(47")	(50")	(54")	(57")
A	YOUR BODY LENGTH	CM	INCH	YOUR SIZE													
	Extra Short	146-158	(5')	180	184	188	192	196	200	204	208	212	216	220	224	228	232
	Short	158-170	(5'4")	80	84	88	92	96	100	104	108	112	116	120	124	128	132
	Regular	170-182	(5'8")	42	44	46	48	50	52	54	56	58	60	62	64	66	68
	Long	182-194	(6'2")	142	144	146	148	150	152	154	156	158	160	162	164	166	168
	Extra Long	194-206	(6'6")	242	244	246	248	250	252	254	256	258	260	262	264	266	268

ALL MEASUREMENTS ARE BODY MEASUREMENTS

MEN'S BOTTOMS (Underwear, Rain Wear)

C	YOUR WAIST		CM	72	80	88	96	104	120	136
			INCH	(28")	(31")	(35")	(38")	(41")	(47")	(54")
E	YOUR INSIDE LEG	CM	INCH	YOUR SIZE						
	Regular	82	(32")	XS	S	M	L	XL	XXL	XXXL
	Corresponding sizes			40/42	44/46	48/50	52/54	56/58	60/62	64/66

MEN'S JACKETS, TOPWEAR & OVERALLS

B	YOUR CHEST		CM	84	92	100	108	116	132	148
			INCH	(33")	(36")	(39")	(43")	(46")	(52")	(58")
C	YOUR WAIST		CM	72	80	88	96	104	120	136
			INCH	(28")	(31")	(35")	(38")	(41")	(47")	(54")
A	YOUR BODY LENGTH	CM	INCH	YOUR SIZE						
	Short	158–170	(5'4")	XS-Short	S-Short	M-Short	L-Short	XL-Short	XXL-Short	XXXL-S
	Regular	170–182	(5'8")	XS	S	M	L	XL	XXL	XXXL
	Long	182–194	(6'2")	XS-Long	S-Long	M-Long	L-Long	XL-Long	XXL-Long	XXXL-L
	Corresponding sizes, Regular			40/42	44/46	48/50	52/54	56/58	60/62	64/66

Please note! TOP WEAR, FLEECE and VESTS are available in Regular length.

JUNIOR

A	SIZE/BODY LENGTH	98	104	110	116	122	128	134	140
	AGE	2–3	3–4	4–5	5–6	6–7	7–8	8–9	9–10
B	Your Chest	55	56	57	58	61	64	67	70
C	Your Waist	52	53	54	55	56,5	58	59,5	61
D	Your Seat	57	59	61	63	66	69	72	75
E	Your Inside Leg	40	43,5	47,5	51	55	58,5	62	65,5

GLOVES

Always choose gloves with the right finger length. Try them on to find the right one.

YOUR SIZE			7	8	9	10	11
1	Hand circumference	MM	178	203	229	254	279
2	Hand length	MM	171	182	192	204	215
	Minimum length of glove*	MM	230	240	250	260	270

\* If the glove is made for a specific application, it is possible to depart from the requirements of minimum glove length if it is stated in the user guide.

A. Body length

Top of the head to the sole of the foot

B. Chest

Chest width, horizontally at the widest point.

C. Waist

Waist width, horizontally at navel height.  
Important measurement for one piece trousers and overalls.

D. Seat

Seat width, horizontally at the widest point.

E. Inside leg

Crotch to the sole of the foot. Extremely important measurement to ensure the kneepads end up in the right position.



WOMEN'S TROUSERS

C	YOUR WAIST		CM	60	64	68	72	76	80	84	88	96	104	112	120
			INCH	(24")	(25")	(27")	(28")	(30")	(31")	(33")	(35")	(38")	(41")	(44")	(47")
D	YOUR SEAT		CM	84	88	92	96	100	104	108	112	120	128	136	144
			INCH	(33")	(35")	(36")	(38")	(39")	(41")	(43")	(44")	(47")	(50")	(54")	(57")
E	YOUR INSIDE LEG	CM	INCH	YOUR SIZE											
	Extra Short	67	(26")	116	117	118	119	120	121	122	123	124	125	126	127
	Short	73	(29")	16	17	18	19	20	21	22	23	24	25	26	27
	Regular	79	(31")	32	34	36	38	40	42	44	46	48	50	52	54
	Long	85	(33")	64	68	72	76	80	84	88	92	96	100	104	108
	Extra Long	91	(36")	164	168	172	176	180	184	188	192	196	200	204	208

WOMEN'S JACKETS & TOPWEAR

B	YOUR CHEST		CM	80	88	96	104	120	136
			INCH	(31")	(35")	(38")	(41")	(47")	(54")
C	YOUR WAIST		CM	64	72	80	88	104	120
			INCH	(25")	(28")	(31")	(35")	(41")	(47")
A	YOUR BODY LENGTH	CM	INCH	YOUR SIZE					
	Short	152–164	(5'2")	XS-Short	S-Short	M-Short	L-Short	XL-Short	XXL-Short
	Regular	164–176	(5'6")	XS	S	M	L	XL	XXL
	Long	176–188	(6')	XS-Long	S-Long	M-Long	L-Long	XL-Long	XXL-Long
	Corresponding sizes, Regular			32/34	36/38	40/42	44/46	48/50	52/54

Please note! TOP WEAR is available in Regular length.

